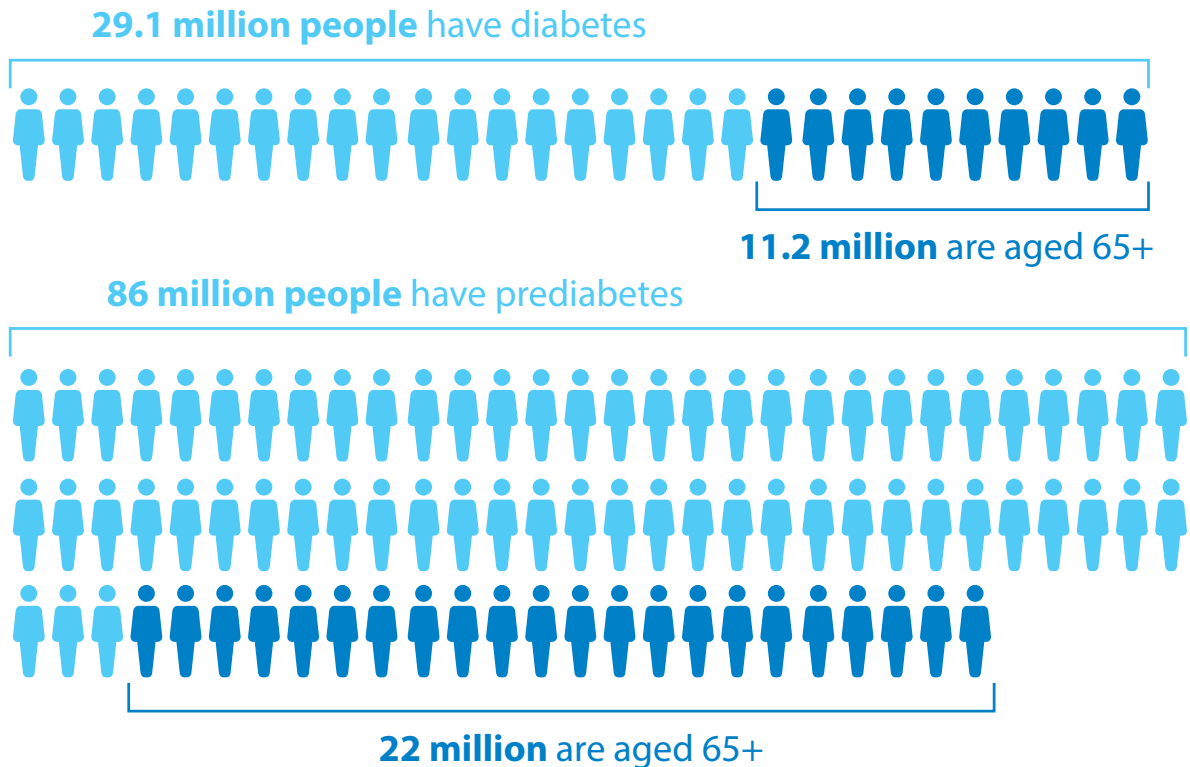


The Diabetes Burden on Medicare How We Can Reduce It

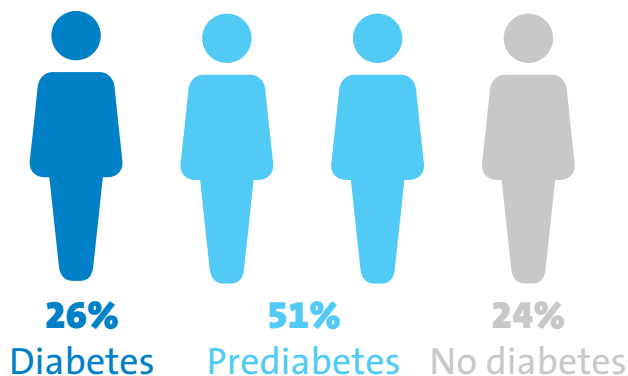


Diabetes is an epidemic problem affecting millions of Americans.

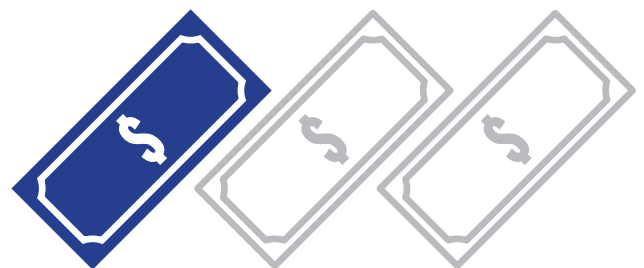


Diabetes is overwhelming Medicare.

3 out of 4 Americans with Medicare have diabetes or prediabetes



1 out of 3 Medicare dollars is spent on diabetes



Sources: Centers for Disease Control and Prevention. National diabetes statistics report: estimates of diabetes and its burden in the United States, 2014. Centers for Medicare and Medicaid Services. Medicare health support (formerly CCIP). <https://www.cms.gov/Medicare/Medicare-General-Information/CCIP/index.html?redirect=/CCIP>. Updated March 8, 2012. Accessed October 12, 2015. The number of people aged 65 and older with prediabetes was calculated as 51% of 43.1 million (US Census Bureau estimate for all adults aged 65 and older in 2012)



Aging into Medicare poses significant access issues for many adults with diabetes who have been successfully managing their disease and also challenges for people at risk.

Challenge

No coverage for diabetes prevention programs recognized by the CDC

No coverage for medical nutrition therapy for people with prediabetes

Underutilization of diabetes self-management training (DSMT)

No coverage of continuous glucose monitoring (CGM) devices

No coordination of federal diabetes resources and programs

Solution

Medicare coverage of diabetes prevention programs effective January 1, 2018 for eligible beneficiaries

Preventing Diabetes in Medicare Act allows seniors diagnosed with prediabetes to access medical nutrition therapy as a tool to prevent diabetes

Expand referral of people with diabetes to DSMT programs and recognize certified diabetes educators as providers of DSMT

Medicare coverage of CGMs announced January 2017 for eligible beneficiaries

National Clinical Care Commission Act (HR 309) coordinates federal programs and resources to support appropriate clinical care for people with diabetes and other metabolic or autoimmune diseases